

二十四節氣 · 四季滋味

TASTE OF 24 SOLAR TERMS

立夏 5月5日至20日 Summer Commences 5 – 20 May



立夏是夏季的第一個節氣，標誌著梅雨的來臨，天氣炎熱潮濕，容易出現「夏乏」現象（即輕度氣虛）。

因此，飲食應以益氣養心為原則，順應「夏養心」的傳統智慧。

Summer Commences marks the arrival of summer and the rainy season. Hot and humid weather can lead to fatigue due to increased blood circulation. Focus on heart-nourishing foods to support vascular health.

精選午膳套餐 Lunch Menu

蟹籽帶子燒賣、上素鍋貼

Steamed Pork Dumpling with Scallop and Crab Roe, Pan-fried Vegetable Dumpling

赤芝紅棗煲豬脊骨

Ganoderma Lucidum, Red Dates and Pork Backbone Soup



鮮沙薑焗雞

Sand Ginger Baked Chicken

有機蕃茄濃湯浸時蔬

Braised Vegetables in Organic Tomato Broth

田園海鮮炒飯

Seafood and Vegetable Fried Rice

薑糖蓮子桂圓雪耳糖水

Fresh Ginger with Lotus Seed, Longan and Snow Fungus Sweet Soup

每位 **\$248** per person
兩位起 Minimum 2 persons



*另收茶芥及加一服務費

Prices are subject to tea, condiments and 10% service charge

*如果您對任何食物有過敏反應或特別飲食要求，請告知我們。

Please inform us if you have any food allergies or dietary preferences.