

## Tea Menu

Regal Hotels proudly presents the Regal Living Wellness Tea series, meticulously crafted from wholesome ingredients to deliver the most soothing and effective internal enhancement while offering a rejuvenating wellness experience.

### Vitalize & Shine *Your go-to for any moment*

Ingredients: Rhodiola | Rehmannia Root | Peony Flower | Poria | Red Date

Rhodiola and Prepared Rehmannia Root replenish qi and blood, alleviating the pallor of deficiency and dizziness. The yin-nourishing properties of Prepared Rehmannia Root and Peony Flower enhance skin health, leaving it smooth, delicate, and radiant.



### Fit & Trim *A delightful after-meal treat*

Ingredients: Lotus Leaf Tea | Hawthorn Fruit | Roselle | Burdock Root | Licorice Root

Hawthorn seeds, abundant in natural fruit acid and fibre, gently curtail fat absorption and support digestion. Lotus leaf tea, a revered gem, lowers lipids, clears heat, and calms the mind, promoting a lighter, more vibrant body. Roselle, rich in fibre, boosts gastrointestinal motility, aiding digestion and banishing stagnation.



### Relax & Calm *A delightful after-meal treat*

Ingredients: Jasmine | Silk Tree Flower | Red Date | Chamomile | Sweet Osmanthus | Black Goji

Jasmine and Silk Tree Flower embrace your emotions, easing anxiety and inviting tranquility into your busy life. Rich in iron, red dates nourish the blood, illuminating your beauty with a radiant glow.



\$48/pot

\*The promotion is not applicable to discount.

\*Price is subject to 10% service charge.



REGAL LIVING  
富豪人生

## 茶單

富豪酒店推出富豪人生養生茶系列。嚴選純天然草本原料，精心調配三款複方功能茶，概養生之餘亦可提昇餐桌上的用膳體驗，實行一邊享受美食一邊調理身體！

### 凍齡養顏茶

適合任何時候飲用

成分：紅景天 | 熟地黃 | 牡丹花 | 茯苓 | 紅棗

《神農本草經》有載：「服用紅景天輕身益氣，不老延年，無毒多服，久服不傷人」，再配以補血滋陰的熟地黃，散鬱祛瘀、有助面色紅潤的牡丹花，定必能令工作忙碌的都市人，時刻保持最佳狀態。



### 輕盈消脂茶

適合飯後飲用

成分：荷葉茶 | 山楂子 | 洛神花 | 牛蒡 | 甘草

《本草綱目》詳載：「牛蒡通十二經脈、除五臟惡氣，久服輕身耐老」，而荷葉則是「生髮元氣、裨助脾胃」。再加上洛神花及山楂子的去脂養顏、消積化滯功用。在餐後來一杯，讓茶中淡淡的酸味替您解膩降脂，身心舒暢。



### 無憂安神茶

適合飯後飲用

成分：茉莉花 | 合歡花 | 紅棗 | 洋甘菊 | 桂花 | 黑杞子

《神農本草經》記載：「合歡花主安五臟，和心志，令人歡樂無憂。」再配以能夠舒緩情緒、清心安神的茉莉花，洋甘菊和桂花，以及富含鐵質，能滋養血液，改善面色的紅棗，定可令你精神爽利，助你在紛擾的世界中找到自己的寧靜。



\$48/壺

\*此推廣不適用於折扣優惠。

\*以上價目須另加一服務費。



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