

WELLNESS SET MENU 地中海風味晚餐

APPETIZER

前菜

Beetroot, Chickpea, Orange, Walnut and Rocket Salad

紅菜頭，鷹咀豆，鮮橙，合桃火箭菜沙律

Rich in fiber, manganese, iron, calcium, potassium, vitamin C, K A, B9, polyunsaturated fatty acids. Great as anti-inflammatory, reduce conditions like asthma, rheumatism, cancer, help to keep blood vessels.

SOUP

餐湯

Andalusian Gazpacho Soup

西班牙凍番茄湯

Rich in Vitamin A, E & C and fiber. It has isotonic properties with a great content in minerals, Gazpacho boost the immune system, prevents hypertension, hydrates and helps weight loss.

MEAT COURSES

主菜

Grilled Tuna Fish with Tomato, Cucumber, Green Pepper and Red Onion Salad and Tzatziki Yogurt

烤金槍魚配番茄，青瓜，甜椒，紅洋蔥及青瓜酸乳酪醬

Tuna is rich in Omega 3 fatty acids and vitamin B12. Tomato, cucumber, pepper and red onion are rich in lycopene, potassium and vitamins.

DESSERT

甜品

Low Fat Natural Greek Yogurt with Honey, Lychee, Raspberry and Dark Chocolate

低脂希臘乳酪配蜂蜜，荔枝覆盤子及黑朱古力

Rich in vitamin C, calcium, phosphorus, thiamin, riboflavin, amino acids, minerals, antioxidant, fiber, anti-inflammatory, antioxidant, antibacterial, protect against stress, chronic diseases, cataract and diabetes

DOCTOR DETOX

排毒飲品

Fresh Cucumber, Fresh Apple Juice, Fresh Mint, Fresh Lime, Ginger Beer

青瓜，蘋果汁，薄荷，青檸，薑啤

每位港幣HK\$350 per person

Prices are subject to 10% service charge. 另加一服務費

Please inform us if you have any food allergies or dietary preferences. 如果您對任何食物有過敏反應，請告知我們。