

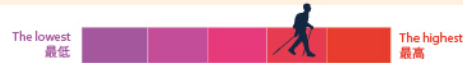
Lantau Peak 鳳凰山

Route 路線 Pak Kung Au → Lantau Peak → Ngong Ping
伯公坳 → 鳳凰山 → 昂坪

Length 全長約 5.5 km 公里

Duration 需時約 4 hours 小時

Level of Difficulty 難度



Landscape 景觀



Introduction

- ▲ The second highest peak in Hong Kong, the tallest mountain in Lantau
- ▲ The main and secondary peaks have been called the phoenix in Chinese
- ▲ Can overlook Shek Pik Reservoir on the top of the mountain
- ▲ One of the best places for watching sunrise

簡介

- ▲ 是大嶼山最高的山峰，也是香港第二高峰
- ▲ 鳳凰山分為兩個山峰，分別是「鳳」及「凰」
- ▲ 於山頂可俯瞰石壁水塘
- ▲ 觀賞日出的好地方



Sunset Peak 大東山

Route 路線 Pak Kung Au → Sunset Peak → Pak Kung Au
伯公坳 → 大東山 → 伯公坳

Length 全長約 4 km 公里

Duration 需時約 2 hours 小時

Level of Difficulty 難度



Landscape 景觀

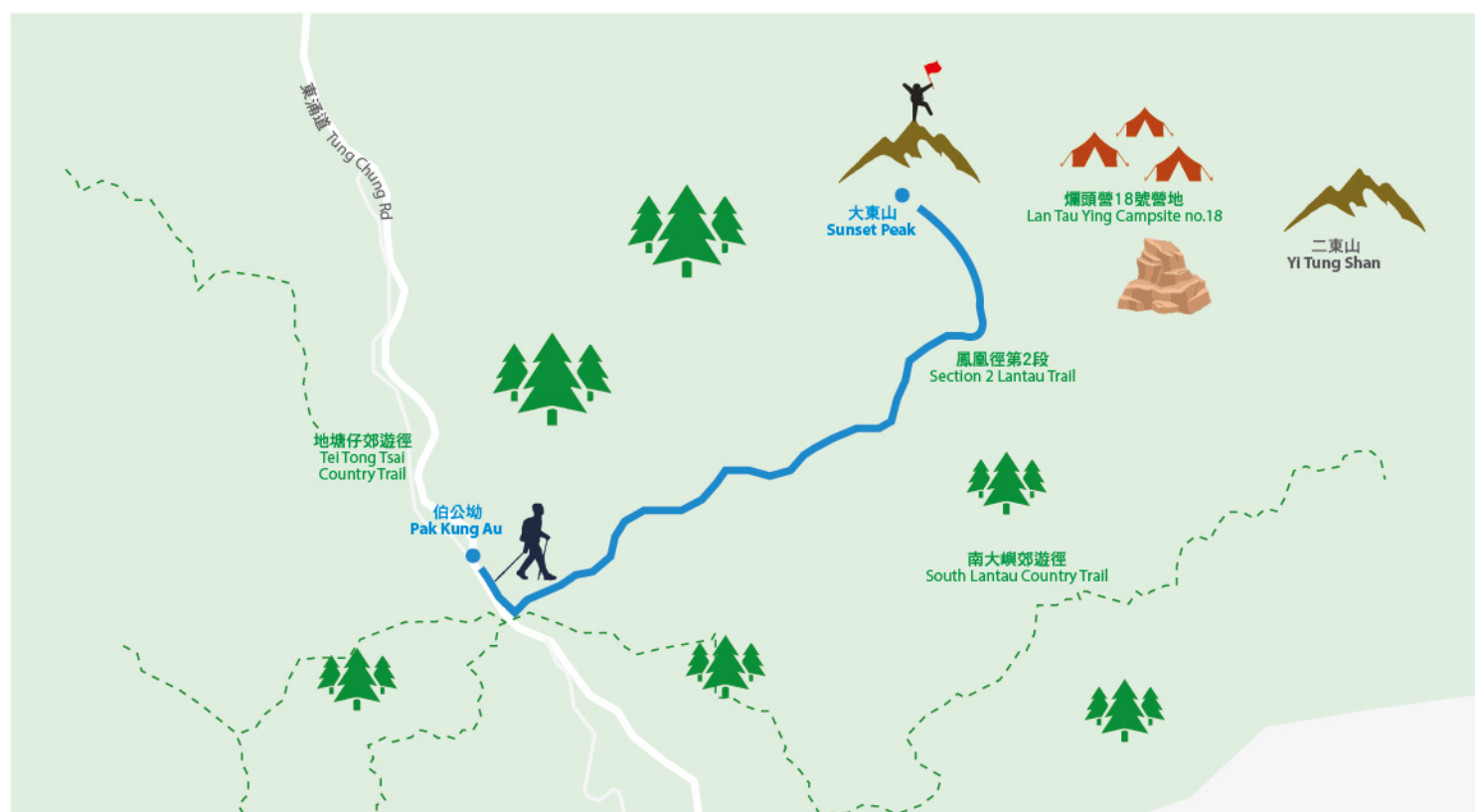


Introduction

- ▲ Sunset Peak, the third highest peak in Hong Kong
- ▲ Lies to the east of Lantau Peak and west of Yi Tung Shan.
Pak Kung Au is between Sunset Peak and Lantau Peak
- ▲ Stunning view of silvergrass fields in November and December

簡介

- ▲ 香港第三高峰，英語名為日落山
- ▲ 位於鳳凰山東面，二東山西面，與鳳凰山之間相隔伯公坳
- ▲ 芒草於秋冬盛開，11月及12月是欣賞芒草花海的好時機



Yi Tung Shan 二東山

Route 路線

Pak Kung Au → Sunset Peak → Yi Tung Shan → Pak Kung Au
伯公坳 → 大東山 → 二東山 → 伯公坳

Length 全長約

5.5 km 公里

Duration 需時約

4 hours 小時

Level of Difficulty 難度



Landscape 景觀



Introduction

- ▲ Connected with Sunset Peak at west and Lin Fa Shan at northeast
- ▲ The Lantau Mountain Camp is a landscape of Yi Tung Shan
- ▲ Stunning view of silvergrass fields in November and December

簡介

- ▲ 西面連接大東山，東北面連接蓮花山
- ▲ 爛頭營石屋分佈於山間，是二東山的一大特色
- ▲ 芒草於秋冬盛開，11月及12月是欣賞芒草花海的好時機



Nei Lak Shan 彌勒山

Route 路線 Ngong Ping → Dong Shan Fat Mun → Nei Lak Shan → Ngong Ping
昂坪 → 東山法門 → 彌勒山 → 昂坪

Length 全長約 5 km 公里

Duration 需時約 3 hours 小時

Level of Difficulty 難度



Landscape 景觀



Introduction

- ▲ Situated at Ngong Ping in Lantau
- ▲ Can oversee The Big Buddha, the biggest outdoor Big Buddha in the world, and Po Lin Monastery
- ▲ Stunning view of silvergrass fields in November and December

簡介

- ▲ 位於大嶼山昂坪
- ▲ 於山頂可遠眺全球最大的戶外青銅佛坐像 — 天壇大佛及寶蓮寺
- ▲ 芒草於秋冬盛開，11 月及 12 月是欣賞芒草花海的好時機



Ngong Ping 昂坪

Route 路線 Ngong Ping → Nei Lak Shan Country Trail → Ngong Ping
昂坪 → 彌勒山郊遊徑 → 昂坪

Length 全長約 6 km 公里

Duration 需時約 2 hours 小時

Level of Difficulty 難度



Landscape 景觀

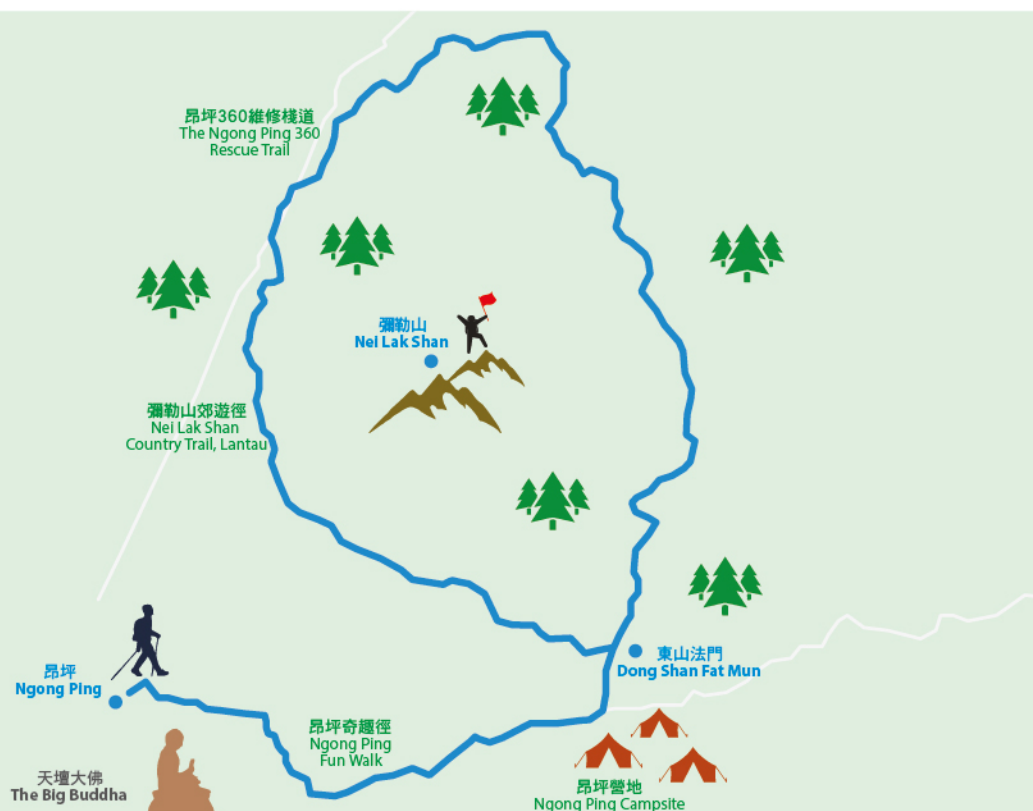


Introduction

- ▲ An attraction in Lantau with Ngong Ping Village and Ngong Ping Cable Car
- ▲ Tourist can also visit The Big Buddha, the biggest sitting Buddha Statue built outdoor in the world, Po Lin Monastery and Wisdom Path
- ▲ You may overlook the Sunset Peak, Lantau Peak, Lin Fa Shan along the Nei Lak Shan Country Trail

簡介

- ▲ 昂坪是位於大嶼山的旅遊景點，旅客可遊覽昂坪市集及乘坐纜車
- ▲ 該處更有全球最大的戶外青銅佛坐像 — 天壇大佛、寶蓮寺及著名的心經簡林
- ▲ 沿彌勒山郊遊徑可近觀鳳凰山及彌勒山；遠眺蓮花山及大東山等



Ngong Ping Trail 昂坪棧道

Route 路線 Yat Tung Estate → Ngong Ping Trail → Ngong Ping
逸東邨 → 昂坪棧道 → 昂坪

Length 全長約 6.5 km 公里

Duration 需時約 3 hours 小時

Level of Difficulty 難度



Landscape 景觀



Introduction


- ▲ A 5.7 km long trail between Tung Chung and Ngong Ping
- ▲ Paved with wooden board on the trail when the cable car system was constructed to preserve the natural environment
- ▲ There are many steps and without check points along the trail. Please consider your physical strength before the trip
- ▲ You can raise your head and look at the cable car ropeway when arrived the highest point of the trail

簡介

- ▲ 昂坪棧道是連接東涌及昂坪的山徑，全長約 5.7 公里
- ▲ 棧道鋪設了木板，是興建纜車時為保護自然環境而建設的
- ▲ 沿路石級較多，沒有補給點，遊客需量力而為
- ▲ 當登上最高點，抬頭便是平衡的纜車索道



Tung O Ancient Trail 東澳古道

Route 路線	Yat Tung Estate → Hau Hok Wan → Sha Lo Wan → San Shek Wan → Sham Shek Tsuen → Sham Wat → Tai O 逸東邨 → 鸞殼灣 → 沙螺灣 → 礮石灣 → 深石村 → 深屈 → 大澳
Length 全長約	13 km 公里
Duration 需時約	4 hours 小時
Level of Difficulty 難度	 The lowest 最低 The highest 最高
Landscape 景觀	 The lowest 最低 The highest 最高

Introduction

- ▲ A family-friendly hiking route
- ▲ You can look at cable car and planes or landing near the starting point, Yat Tung Estate
- ▲ Along the trail, you can enjoy stunning seaview of the coastal environment
- ▲ At the middle part of the trail, it will bring you to the past tiny village to explore the old generation living style of Tai O residents
- ▲ Visiting Tai O Village and tasting their local food are the schedule cannot be missed at the finishing point, Tai O

簡介

- ▲ 適合一家人同遊，是親子行山的好路線
- ▲ 於起點逸東邨及鸞殼灣附近可觀賞到纜車及飛機升降
- ▲ 在山徑途中，你可以享受沿海的壯麗海景
- ▲ 中途路段可看到舊時代的大澳居民生活及美麗山景
- ▲ 到達大澳便可遊覽當地漁村及品嚐美食



Fu Shan 虎山

Route 路線 Tai O → Fu Shan → Tai O
大澳 → 虎山 → 大澳

Length 全長約 1.3 km 公里

Duration 需時約 1 hour 小時

Level of Difficulty 難度



Landscape 景觀



Introduction

- ▲ Situated at Tai O which is the highest mountain in Islands District
- ▲ Easy hiking route for beginners
- ▲ Fu Shan Viewing Point, where you can observe the beautiful sunset and Chinese White Dolphins
- ▲ Also can overlooking at Tai O and Hong Kong–Zhuhai–Macao Bridge (HZMB)

簡介

- ▲ 虎山位於大澳，是離島區屬最高的山峰
- ▲ 路線簡單易行，適合行山初學者
- ▲ 可於山上觀景台欣賞日落及中華白海豚
- ▲ 亦可遠眺大澳及港珠澳大橋



Scenic Hill 觀景山

Route 路線

Chek Lap Kok South Road → Scenic Hill → Chek Lap Kok South Road
赤鱗角南路 → 觀景山 → 赤鱗角南路

Length 全長約

1 km 公里

Duration 需時約

0.5 hour 小時

Level of Difficulty 難度



Landscape 景觀



Introduction

- ▲ Easy and chilling route
- ▲ Can overlook at planes or landing at Hong Kong International Airport
- ▲ Cherry Blossom Season in February and March

簡介

- ▲ 路線簡單輕鬆
- ▲ 登上觀景山後，於涼亭可遠眺香港國際機場，欣賞飛機升降
- ▲ 2-3 月是櫻花盛開季節，有機會欣賞到粉嫩怡人的櫻花樹

